



# United Safety Net

www.UnitedSafetyNet.com - 978.767.0630



## SAFETY MEETING - ENGLISH FALL PROTECTION

### FALL PROTECTION

1. Use fall protection when working on roofs or any other place with 6 feet or more from de ground.
2. Always inspect your fall protection equipment.
3. Ask your supervisor to add permanent anchors during operations.
4. Permanent anchors shall support 5,000 pounds per person.
5. Anti-slip guards installed on roofs are NOT a fall protection.
6. If fall prevention equipment needs to be repair, remove it from service.
7. Have an anchor point that supports a least 5000 pounds per worker.
8. Install so that the employee does not have a free fall of more than 6 feet.
9. The anchor point should be above your head.
10. Position your anchor directly above and behind your work area to avoid movements as a swing fall.
11. Use the safety rope as short as possible.
12. Use anchor points selected by a person competent
13. Never tie in ventilation pipes or a chimney
14. Dont make knot in the rope of safety.
15. Do not use pipes, chimneys, or handrails as anchor points.
16. Do not use any lanyard without self-locking spring clips.
17. Do not connect several safety cords to reach an anchorage point.
18. Do not allow more than one worker per anchor point.
19. Do not remove the fall protection while is exposed to a drop greater than 6 feet.
20. Do not allow another person to assemble your equipment unless you have inspected it before using it.

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Time: \_\_\_\_\_ / \_\_\_\_\_ AM - PM

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

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