



# United Safety Net

www.UnitedSafetyNet.com - 978.767.0630



## SAFETY MEETING - ENGLISH HAND PROTECTION

### HAND PROTECTION

1. Always stay alert and focused on keeping your hands safe – not just at the start of work or a task.
2. Keep guards on machinery and power tools in place – Don't remove or reposition them.
3. Use tools and equipment designed for the work being performed and use them as instructed by your supervisor and/or the manufacturer.
4. Don't put your hands or fingers near the moving parts of a power tool or equipment. Make sure machinery, equipment and power tools are completely off before you try replacing, cleaning or repairing parts – follow lock-out/ tag-out procedures.
5. Identify safety features on tools and equipment before you use them, such as emergency off switches.
6. Check tools and equipment to make sure they are in proper working order before beginning a task.
7. Keep hands and fingers away from sharp edges (blades, protruding nails, etc.). Never cut toward the palm of your hand.
8. Select hand tools that are ergonomic for your hand (the right size, lowest weight, and have features such as grips, anti-vibration handles, handles angles that allow you to work without your wrist bent.)
9. Wear gloves that fit your hand and are right for the work being performed – not all gloves protect against all hazards.
10. Do not wear rings, other jewelry or loose articles of clothing that could get caught on a moving object.

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Time: \_\_\_\_\_ / \_\_\_\_\_ AM - PM

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

#### Attendees:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

